

Donita Fowler

INTEGRATED PERFORMANCE COACH

"I work with Owner CEO's and the Leaders they Lead"

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Donita has a compassionate and empathetic nature which immediately shone through. She wasted no time in helping me streamline my business and aspirations, providing me with easy-to-follow systems. ~Julie Kolodziej, Coach

SIGNATURE TALK TITLES

- Unleashing Your Potential: Setting
 Clear Goals and Overcoming
 Obstacles
- 2. Business Success Blueprint: Navigating the Road to Your Definition of Success
- 3. **Defining Success:** The Power of Choice and Opportunity

MY PURPOSE:

The exploration and curation of wisdom past and present so that others exercise the courage to pursue a life that's meaningful to them.

Visit my website <u>here</u> to read more and learn about my services.

OTHER DISCUSSION TOPICS AND SKILLS:

Creating Content

Online Marketing

Strategic Planning

I've spent over a decade in the world of business, initially as a self-employed marketing manager, and now as an integrated performance coach. I've had the privilege of working with a diverse range of entrepreneurs to help them navigate their path to success.

While I have worked with business owners from A to Z, my ideal client is someone who wants to thoughtfully grow their business while finding a delicate balance between work and life. I want to see you experience both personal and professional fulfillment while securing abundance for your families, and taking care of yourself at the same time.

What truly distinguishes my approach is my ability to connect the dots. I have an in-depth knowledge of business mechanics – marketing, sales, operations, and finances – combined with a profound understanding of how thoughts and behaviours impact success.

However we connect, I'm confident that our journey together will lead to meaningful insights and tangible results.

